

EMERGENCY SERVICES

2020

BAY AREA WOMEN'S & CHILDREN'S CENTER

318 Leavenworth Street, San Francisco, CA 94102

www.bawcc.org

FAMILY SUPPORT (all phone #'s are 415 area code)

211/HELPLINK - (UNITED WAY) Call 211 for information on Social Services
AMERICAN RED CROSS – 1663 Market Street, 427-8000 www.redcross.org/find-help
APA FAMILY SUPPORT SERVICES – 10 Nottingham Place, 617-0061 www.apafss.org
BAY AREA WOMEN'S & CHILDREN'S CENTER - 318 Leavenworth Street - 474-2400 www.bawcc.org
BLACK INFANT HEALTH PROGRAM – 1290 Fillmore St. Suite 103, 776-4457
CATHOLIC CHARITIES – 990 Eddy at Gough, 972-1200 www.cccyo.org
COMPASS FAMILY SERVICES – 37 Grove Street, 644-0504 www.compass-sf.org
EDGEWOOD FAMILY CENTER – 1801 Vicente Street – 681-3211 www.edgewood.org
FAMILY CAREGIVER ALLIANCE – 101 Montgomery, Suite 2150 - 434-3388 www.caregiver.org
FAMILY CONNECTIONS - 2565 San Bruno Avenue - 715-6746 www.portolafc.org
GABRIEL PROJECT – support for pregnant women (800) 910-2848, www.angelforme.wordpress.com
GLIDE'S FAMILY, YOUTH AND CHILDCARE CENTER - 434 Ellis Street – 674-6200 www.glide.org
GOOD SAMARITAN FAMILY RESOURCE CENTER - 1294 Potrero Avenue – 401-4253 www.goodsamfrc.org
INDEPENDENT LIVING RESOURCE CENTER 825 Howard Street – 543-6222 www.ilrcsf.org
OMI FAMILY CENTER - 1701 Ocean Ave., 452-2200
PARENTS PLACE - 1710 Scott Street - 359-2454 www.parentspaceonline.org
SALVATION ARMY – 240 Turk St., 345-3400 (Tenderloin), Reach Program (utilities) – 800-933-9677, 1156 Valencia St., 648-0260
SUPPORT - FAMILIES OF CHILDREN W/ DISABILITIES -1663 Mission 7th floor. 920-5040 www.supportforfamilies.org
TALK LINE, FAMILY SUPPORT CENTER - 1757 Waller St. 441-KIDS (24-hr line) www.safeandound.org/forparents
TEENAGE PREGNANCY & PARENTING PROJECT (TAPP) - 2730 Bryant St., 2nd Fl., 282-1090 x511 www.felton.org
SUPPORT CIRCLE PREGNANCY CLINIC (for unplanned pregnancy) – 450 Sutter, # 1740, 627-9175, www.supportcircle.org

LEGAL

LawHelpCA.org – project of Legal Aid Assoc. of CA

BAR ASSOCIATION OF SF

Lawyer Referral Information Service
All areas of law 415-989-1616 www.sfbar.org

BAY AREA LEGAL AID

1035 Market St/ 6th fl. 415-982-1600
Legal Advice Line (800)551-5554 www.baylegal.org

API (Asian Pacific Islander) LEGAL OUTREACH

Domestic violence, immigration, elder abuse, human trafficking,
public benefits, social justice issues and family law.
1121 Mission Street, 415-567-6255
www.apilegaloutreach.org

COOPERATIVE RESTRAINING ORDER CLINIC

3543 18th St., 3rd Floor 415-864-1790

ACCESS SELF-HELP CENTER

400 McAllister Street (at Polk), Room 509, 415-551-5880
Child and Spousal support, visitation, restraining orders, divorce, etc.
www.sfsuperiorcourt.org/self-help

HUMAN RIGHTS COMMISSION

25 Van Ness Ave., Suite 800, 415-252-2500 www.sf-hrc.org

HOUSING RIGHTS COMMITTEE

1663 Mission St., #504 -
Employment and housing discrimination
Main/Counseling 415-703-8634 www.hrcsf.org

WOMEN

DEPT. ON THE STATUS OF WOMEN - SF

25 Van Ness Ave., Ste. 240, 415-252-2570
www.sfgov.org/dosw

THE WOMEN'S BUILDING

3543 18th St., 415-431-1180 www.womensbuilding.org

JOBS & SELF EMPLOYMENT

(EDD) EMPLOYMENT DEVELOPMENT DEPARTMENT

801 Turk St., 415-749-7503 &
3120 Mission 415-920-2440
www.edd.ca.gov

ARRIBA JUNTOS – 1850 Mission St.,

415-487-3240
www.arribajuntos.org

CALWORKS (DHS)

170 Otis Street 415-557-5100
www.sfhhsa.org/services/jobs-money/calworks

CENTRAL CITY HOSPITALITY HOUSE

290 Turk St., 415-749-2100
SELF-HELP CENTER
146 Leavenworth St., 415-749-2143
www.hospitalityhouse.org

JEWISH VOCATIONAL SERVICE

225 Bush St., #400, West Lobby
415-391-3600 www.jvs.org

MISSION HIRING HALL

1048 Folsom Street – 415-865-2105
www.missionhiringhall.org

WORKFORCE DEVELOPMENT CTR-HUMAN SERVICES (Training Program)

3120 Mission St. 415-401-4800

TENDERLOIN TECHNOLOGY LAB

St. Anthony Foundation
150 Golden Gate Ave., 3rd Floor
415-592-2766
www.tenderlointechnologylab.org

ALCOHOL / SUBSTANCE ABUSE

ALCOHOLICS ANON.

415-674-1821
www.aasfmarin.org

COCAINE ANONYMOUS

415-226-1300
www.canorcal.org

EPIPHANY CENTER FOR FAMILIES IN RECOVERY

100 Masonic Ave.
415-567-8370
theepiphanycenter.org

NARCOTICS ANON.

415-621-8600
www.sfnna.org

RELAPSE PREVENTION LINE

415-834-1144

SALVATION ARMY – HARBOR LIGHT

415-503-3000

DRUG LINE OF SF SUICIDE PREVENTION

415-362-3400

WALDEN HOUSE

815 Buena Vista, SF 94117
415-519-4185

GOVERNMENT AID

CALWORKS

170 Otis St., 415-557-5100
www.sfhhsa.org

CAL-FRESH (FOOD STAMPS)

1235 Mission St., 415-558-4700
www.mybenefitscalwin.org

CAAP – COUNTY ADULT ASSISTANCE PROGRAM, (General Assistance)

1235 Mission St., 415-558-2227 #11
www.sfhhsa.org/424.htm

SOCIAL SECURITY ADMINISTRATION

90 7th Street, 1st Fl. annex
800-772-1213 (Toll Free)
www.socialsecurity.gov

AIDS / HIV

SF AIDS FOUNDATION

1035 Market 4th floor #400
415-487-3000 (office)
www.sfaf.org

SHANTI PROJECT

730 Polk St., 3rd floor &
3170 23rd Street
415-674-4700 www.shanti.org

UCSF ALLIANCE HEALTH PROJECT

1930 Market Street
Sexual Health Services Appointment Line
415-502-8378
www.ucsf-ahp.org

CHILD CARE / CHILDREN/ YOUTH

CHILDREN'S COUNCIL OF SF

445 Church St.
415-276-2900 (Office)
415-343-3300 (Referral Line)
www.childrenscouncil.org

CHILD DEVELOPMENT PROGRAM PRESCHOOL (SFUSD)

415-241-6085 www.sfusd.edu

COMPREHENSIVE CRISIS SERVICES Child Crisis

3801 3rd Street, Suite 400
415-970-3800

CPS (Child Protective Services) (800) 856-5553

LARKIN STREET YOUTH SERVICES

134 Golden Gate Avenue
(800) 669-6196
www.larkinstreetyouth.org

SF RECREATION & PARK DEPARTMENT

415-831-2700 (General)
sfrecpark.org

SF UNIFIED SCHOOL DISTRICT

555 Franklin Street
415-241-6000 (Gen. Info.)
415-241-6185 (community Partnership)
415-241-6085 (Educational Placement Center)
www.sfusd.edu

WU YEE RESOURCE & REFERRAL LINE

888 Clay Street, Lower Level.
415-677-0100 www.wuyee.org

HEALTH – Medical and Dental Services (all phone #'s are 415 area code)

| GENERAL & SPECIAL SERVICES | M | T | W | TH | F | S & S | NOTES | | |
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| ZUCKERBERG SF GENERAL HOSPITAL 1001 Potrero Ave. (23 rd) 628-206-8000 or 628-206-8111 (emergency) sfdph.org | Open 24 hours | | | | | | 24-hour medical emergency services, 7 days a week. All areas of medicine. For Women's Clinic, call 628-206-3409 M-F. | | |
| ST. ANTHONY'S MEDICAL CLINIC 150 Golden Gate Ave., 241-8320 stanthonyssf.org | Adults and Children – First come, first serve 8am-4:30pm, except Wed. 8-12 Appt. can be made if you have been seen in the past 6 mo. Podiatrist T and Th 8am-4pm | | | | | Closed | New adult patients must register first at clinic before making an appointment. Fees are based on sliding scale. | | |
| CURRY SENIOR CENTER 333 Turk Street 885-2274 curryseniorcenter.org | 9am-11am 1-3pm | 9am-11am 1-5pm D-In: 1-2pm | 9am-11am 1-5pm | 9am-11am 1-5pm | 9am-11am 1-5pm D-In: 9-11am | Closed | Health care for seniors, 55+ years old. Accept Medi-Care, MediCal, Healthy SF and other insurance plans. No-one turned away for lack of funds. Podiatry, Pharmacist and House calls available. | | |
| HEALTH RIGHT 360 (formerly Haight Ashbury) 1563 Mission 746-1950, healthright360.org | Monday 8:45-7 | | Tues – Thurs 8:45am to 12 Noon & 1pm to 5pm | | | Closed | Serves adults (no children's services) without insurance. Appointments necessary except for drop-in urgent care – arrive at 8:45 or 1pm to be put on list. Sliding scale. Free to those who qualify. | | |
| HOMELESS PRENATAL PROGRAM 2500 18 th Street (at Potrero) 546-6756 www.homelessprenatal.org | 9am-5pm Closed 12-1 | 1pm-5pm | 9am-5pm Closed 12-1 | 9am-5pm Closed 12-1 | 9am-4pm Closed 12-1 | | Referrals to prenatal care & many other services, incl. counseling. Free pampers, baby food, formula, maternity & baby clothing when available for their clients. Housing Clinic -call for times. Registration: Tues, Wed, Thurs-9-11 & 1:30-3:30 | | |
| LYON-MARTIN HEALTH SERVICES & Women's Community Clinic 1735 Mission Street 565-7667 www.lyon-martin.org | 8:30 – 5:00pm Closed 12-1 pm | 8:30 – 5:00pm Closed 12-1 pm | 10:30-7 pm Closed 2-3 pm | 8:30-5 pm Closed 3-4pm | 1:30 – 5:30pm | Closed | For low-income women and transgender. Primary care, gynecology, HIV+, Mental Health. Accept sliding scale, MediCal, Medicare and Commercial Health Insurance Plans. Office visits by appt. only. | | |
| MISSION NEIGHBORHOOD HEALTH CENTER 240 Shotwell Street - 552-3870 mnhc.org | M-F 8:00am-5:00pm | | | | | Closed | Appointments necessary. Primary healthcare. Family planning, pediatrics & prenatal care. Senior & teen clinics. Free immunization for children. Podiatry and HIV. Sliding scale. MediCal, Medicare & private insurance accepted. | | |
| NATIVE AMERICAN HEALTH CNTR 160 Capp Street 417-3500 www.nativehealth.org | Medical and Dental - Monday – Friday 9am-5pm by appointment Priority given to Native Americans, but serves general public also. | | | | | Closed | Primary and preventive care. General dentistry 417-3502 , education, HIV care and counseling. High risk youth substance abuse program, 503-1046 . Need to have MediCal, Medicare, Healthy SF or SF Health Plan. | | |
| NORTH EAST MEDICAL SERVICES 1520 Stockton Street, 391-9686 www.nems.org | Medical and Dental - Monday – Friday 8am – 6pm | | | | | 8:30am-12pm, 1pm-5pm | Closed | Primary and specialty medical care, prenatal care, women's health, pediatric care, social serv., health education, nutrition, general dentistry , optometry & ophthalmology. Many satellite clinics throughout city. | |
| PLANNED PARENTHOOD 1650 Valencia St, 821-1282 pp-sp.org | 11:30am-8pm | 8:30am-5pm | 8:30am-5pm | 8:30am-8pm | 8:30am-5pm | Some Saturdays 8:30-4:30 | Appointments necessary. Reproductive services. HIV and AIDS testing available. If low-income, may qualify for reduced fees. | | |
| POTRERO HILL HEALTH CENTER 1050 Wisconsin Street 648-3022 or 920-1250 www.sfdph.org | Medical and Dental - M-F 8:30am-5pm Closed noon-1pm | | | | | Closed | Appt. necessary. Dental for everyone. Nutrition, social services, pre-natal care, psychiatric care & podiatry. Mammogram & Pap Cancer Screening. | | |
| SF CITY CLINIC (STD CLINIC) 356 7 th Street (at Folsom) 487-5500 www.sfcityclinic.org | Drop-in 8am-4pm | Drop-in 1pm-6pm 1pm-3pm* | Drop-in 8am-4pm | Drop-in 1pm-4pm* | Drop-in 8am-4pm | Closed | *During these times special req., call for info.. May close early if full. \$25, but no one refused service. Free Condoms, Hep B vaccination, HIV testing & treatment. Family Planning. Pregnancy Testing, Counseling, Emergency Contraception. | | |
| SOUTH OF MARKET HEALTH CENTER 229 7 th St., 503-6000 www.smhcsf.org | Medical & Dental - M-Th 8am-5pm, Wed. until 7pm | | | | | 8am-3:30pm | Closed | Closed | Appointments preferred. Spanish & Tagalog spoken. Sliding scale. MediCal, Medicare & Ins. accepted. Dental services at 503-6098. Also, women's clinic, psychiatry & podiatry by referral. |
| TOM WADDELL HEALTH CLINIC Urgent Care & Dental: 50 Ivy at Grove Also, Primary Care & Transgender Clinic: 230 Golden Gate Ave., 355-7400 | Urgent Care Drop-in 8-6 | Urgent Care Drop-in 8-6 Closed every other Tues. 8-10 | Urgent Care Drop-in 8-6 | Urgent Care Drop-in 8-6 | Urgent Care Drop-in 8-4:30 | Urgent Care Drop-in 8:30-12 & 1-4:30 | Closed | Primarily for homeless people with wheelchair services available. Appointments can be made ahead if you have a primary care physician, otherwise drop in for urgent care. Dental for homeless and HIV patients, call for more info. | |
| UCSF SCHOOL OF DENTISTRY 707 Parnassus Ave. 476-1891 | Dental Only - General Hours, M-F 8am – 5pm Tues, & Thurs. evening 5:45 – 8:30 | | | | | Closed | Comprehensive low-cost dental services + Emergency dental care. Orthodontics: adults & children, pediatric dentistry , oral surgery & periodontal clinic. | | |
| UOP (University of the Pacific) 155 5 th St. (SOMA) 929-6501 | Dental Only - General Hours, M-F 8:30am – 5pm Mon. and Thurs. Evenings 6 – 8:30pm (for patients who are part of clinic) | | | | | Closed | Comprehensive dental serv. at lower cost than private dentist. New adult patient screening is free plus cost of x-rays if needed (\$71). Children's dental clinic for children up to 14 years of age. Orthodontic & specialty services also. | | |
| SF Community Health Center 726 Polk St. 4 th Fl. (Ellis) 415-292-3400 | 9am – 5pm | 9am – 5pm | 9am – 5pm | 9am – 5pm | 9am – 5pm | Closed | Call for appointment. For SF residents 18 and over. Will help get you insurance. Drop-in for Transgender support & needle exchange Tu 2-5, Th, F, Sa 1-5pm. Many languages spoken or phone interpreter available. | | |

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| CASTRO MISSION HEALTH CENTER 995 Potrero Ave. www.sfdph.org 934-7700 | MAXINE HALL HEALTH CENTER 1181 Golden Gate Ave. www.sfdph.org 292-1300 | SILVER AVE. FAMILY HEALTH CNTR. 1525 Silver Ave. www.sfdph.org 657-1700 +Dental Services for Children & Pregnant Women | CHINATOWN PUBLIC HEALTH CNTR. 1490 Mason St www.sfdph.org 364-7600 +Dental Services for Children & Pregnant Women | OCEAN PARK HEALTH CENTER 1351 24 th Ave. www.sfdph.org 682-1900 |
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MENTAL HEALTH RESOURCES (all phone #'s are 415 area code)

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| <p style="text-align: center;"><u>MENTAL HEALTH NON-CRISIS</u></p> <p>SAN FRANCISCO MENTAL HEALTH ACCESS 255-3737</p> <p>SOUTH OF MARKET MENTAL HEALTH CENTER 760 Harrison St., 836-1700</p> <p>TENDERLOIN MENTAL HEALTH 815 Hyde Street, 673-5700 www.hydestreets.org</p> <p>CHINATOWN / NORTH BEACH MENTAL HEALTH SERVICES 729 Filbert St., 352-2000</p> <p>FELTON INSTITUTE/FAMILY SERVICE AGENCY 1500 Franklin St., 474-7310 www.felton.org</p> <p>CHINATOWN CHILD DEVELOPMENT CENTER 720 Sacramento St., 392-4453</p> | <p style="text-align: center;"><u>MENTAL HEALTH CRISIS</u></p> <p>WESTSIDE COMMUNITY CENTER - 245 11th Street, 355-0311</p> <p>SF GENERAL HOSPITAL ADULT PSYCHIATRIC EMERGENCY SERVICES – 1001 Potrero Ave., 628-206-8125 (24 hours)</p> <p>SUICIDE PREVENTION CRISIS LINE – 781-0500</p> <p style="text-align: center;"><u>SUPPORT & GROUP SUPPORT</u></p> <p>HELPLINK – 211 or 800-273-6222 211bayarea.org</p> <p>SF MENTAL HEALTH ACCESS LINE – 255-3737</p> <p>HOMELESS - SF COALITION ON HOMELESSNESS 280 Turk Street, 2nd Floor, 346-3740 www.cohsf.org</p> <p>THE WARM LINE – 415-421-1880- 24 hours</p> | <p style="text-align: center;"><u>SEXUAL / PHYSICAL ABUSE</u></p> <p>SF WOMEN AGAINST RAPE - 647-7273 (24 hour) 3543 18th Street, Suite 7, www.sfwar.org</p> <p>TRAUMA RECOVERY CENTER – 2727 Mariposa #100, 437-3000 www.traumarecoverycenter.org</p> <p>CHILD & ADOLESCENT SUPPORT ADVOCACY & RESOURCE CENTER www.casarc.org 628-206-8386 (24 hrs)</p> <p>SF POLICE DPT. SPECIAL VICTIMS UNIT 553-1361</p> <p>SAFE AND SOUND (Child Abuse Prevention) 1757 Waller St., 668-0494 www.safeandsound.org</p> <p>W.O.M.A.N. INC. (Domestic Violence) 26 Boardman Place 864-4722 (24 hr) www.womaninc.org</p> <p>CHILD ABUSE REPORTING HOTLINE- CPS (800) 856-5553</p> |
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CLOTHING

| WOMEN & CHILDREN | M | T | W | TH | F | S | S | NOTES |
|--|---|------------------------|--------------------------|--------------------------|--------------------------|--------|---|--|
| ST. ANTHONY'S DISTRIBUTION CENTER 121 Golden Gate 241-2600 www.stanthonysf.org | Lottery: Families with children – M, T, Th, F 2:30pm Sign up/First 40 Women – M - F 7:30 First 40 Men – M - F 7:30 | | | | | Closed | | ID requested but not required... helpful to bring a bag. May return after four weeks. Homeless families or those in critical need can be seen by appt. which must be made by case worker or social worker to 415-592-2843. |
| BAY AREA WOMEN'S AND CHILDREN'S CENTER 318 Leavenworth St. 474-2400 www.bawcc.org | Other community programs | Drop-in 8:30am-12:30pm | Other community programs | Drop-in 8:30am - 12:30pm | Other community programs | Closed | | Free clothing for women & children. Info. & referrals in all areas. Job interview clothing by appt. only. TL Scholarship Fund; Tenderloin Youth Sports Initiative, Founding/principle partner at TL Community Elementary School providing many on-site programs, Food Pantry, After-School Clubs, Tech Program, Family Fair... |

SHELTER

| FAMILIES / WOMEN WITH CHILDREN | M | T | W | TH | F | S | S | NOTES |
|--|--|------------------------|---|--------------------------------------|--------------------------------------|--------|---|--|
| COMPASS FAMILY SERVICES Central City Access Point 37 Grove St. 644-0504 www.compass-sf.org | Drop-in 9am-11:50am 1pm-4:50pm | Drop-in 9am-11:50am | Drop-in 9am-11:50am 1pm4:50 5-7pm | Drop-in 9am-11:50am 1pm-4:50pm | Drop-in 9am-11:50am 1pm-4:50pm | Closed | | Long Term Shelter intake point for Homeless Families w/ custody of their children. MUST call here 1st for intake. For Emergency Fam. Shelter aft. 5pm call the Hamilton Fam. Ctr.- 292-5228 |
| RAPHAEL HOUSE - 1065 Sutter Street 345-7200 www.rafaelhouse.org | Apply through Central City Access Point at 995 Market St, 5 th fl. 415-644-0504 or Bayview Access Pt. at 1641 LaSalle Ave. 415-430-6320 or Mission Access Point at 3270 18 th Street at 415-972-1284 | | | | | | Transitional housing for homeless families w/ children or pregnant in 3 rd trimester. Offers casework, children's programs, career info and mental health. | |
| SINGLE WOMEN | M | T | W | TH | F | S | S | NOTES |
| NEXT DOOR - 1001 Polk St. 487-3300 x4211 www.ecs-sf.org | 90 Day Beds – Intake Centers: Glide – 330 Ellis Street – 674-6012, MSC South – 525 5 th St. – 597-7960 or Mission Neighborhood Res. Ctr. – 165 Capp St. - 869-7977 | | | | | | For single, homeless women & men over 18. 90 Day Program provides shelter, meals & counseling. Serv. pets allowed w/papers & shots. | |
| EPISCOPAL SANCTUARY 201 8 th St. 487-3300 x4111 www.ecs-sf.org | 200 Single Shelter Beds – Intake Centers: Glide – 330 Ellis Street – 674-6012, MSC South – 525 5 th St. – 597-7960 or Mission Neighborhood Res. Ctr. – 165 Capp St. - 869-7977 | | | | | | For single, homeless women & men over 18. 30 Day Program + 30 day renew provides shelter, meals & counseling. Service pets allowed w/papers & shots. | |

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| A WOMAN'S PLACE Main 1049 Howard St., (Shelter) Drop-In Ctr. 211 13th St. 415-293-7360 | Drop-in Center 24/7, except closes between 11:30 and 1:30pm daily | | | | | | | Overnight beds for women over 18 years of age. Need to be referred by on-site case manager. Breakfast, lunch & dinner for guests. Case management, health care and support groups. Drop-in for showers from Noon – 2:30pm (at main). |
| TENDERLOIN HOUSING CLINIC 126 Hyde St., 771-2427 www.thclinic.org | Drop-in 9:30 am-4pm M-F (Closed 12:30-1:30) | | | | | Closed | | Modified pmt. Program for those on GA & SSI. Screening at: 123 10 th Street, Permanent housing at participating hotels for below market rates. Call 346-6171 for payee services. |
| BATTERED WOMEN | M | T | W | TH | F | S | S | NOTES |
| ASIAN WOMEN'S SHELTER Mailing: 3543 18 th St. #19 (877) 751-0880 (24 Hour Crisis Line) www.sfaws.org | Call 24 Hours | | | | | Call 24 Hours | | Shelter & case management services for survivors of domestic violence & human trafficking. Call for shelter space info. Specialization is serving immigrants, refugees, or survivors w/ limited English proficiency, and LGBTQ survivors. Up to 40 diff. languages-Asian & non-Asian languages, Arabic, Spanish, French, Portuguese, etc. Business line is 751-7110. |
| LA CASA DE LAS MADRES Office: 1269 Howard Street 1(877) 503-1850 (24-Hour Crisis Line) 1(877) 923-0700 (Teen Crisis Line) www.lacasa.org | Call 24 Hours Drop-in 8:30am-5pm | | | | | Call 24 Hours | | La Casa offers domestic violence victims of all ages access to free, multilingual and confidential services— 24-hour crisis response, emergency shelter for women with/without children, counseling (individual & group), trauma and family-based interventions, resource advocacy and referrals. Text line is 415-200-3575 Partnership with La Voz Latina at 456 Ellis Street, 415-983-3970. |
| RILEY CENTER 1175 Howard St. 255-0165 (24 Hour Crisis Line) svdp-sf.org/what-we-do/riley-center | Call 24 hours Drop-in on Thursdays: 9-12pm and 1:30-4pm | | | | | Call 24 Hours | | Emergency Shelter and Transitional Housing for women with/without children. Children's program. For shelter intake/application or crisis support call 24-hour hotline. No one turned away for lack of \$. Restraining orders (only for intimate relations). Call 415-552-2943 for case management and support groups. CROC (Cooperative Restraining Order Clinic) is 415-969-6711. |
| W.O.M.A.N. INC. 26 Boardman Pl. 415-864-4722 (24 Hour Crisis Line) womaninc.org | Call 24 hours Drop-in: Wed. 11am-12:30pm, Fri. 2-3:30 | | | | | Call 24 Hours | | Not a Shelter. Has listings of available beds in shelters in the Bay Area. Domestic violence program: counseling & support groups. Case management, Info/ referral to shelters, restraining orders & others. LatinX program, case management for monolingual Spanish speakers. |
| FOOD (all phone #'s are 415 area code) | | | | | | | | |
| MEALS | M | T | W | TH | F | S | S | NOTES |
| ST. ANTHONY'S DINING ROOM 121 Golden Gate Ave 241-2690 (direct) www.stanthonyssf.org | Free meals served daily Table Service from 10:00AM-11:45AM for families, senior citizens 59+ years old, and disabled individuals 11:30-1:30pm (or until all served) – cafeteria services open to anyone in need | | | | | | | Food pantry and brown bag program. Also have a medical clinic, social work center, tech programs, clothing program, drug rehabilitation program, job program and more. Restrooms are available to the public from 8:30am-4pm M-F. |
| GLIDE MEMORIAL CHURCH 330 Ellis St. (at Taylor) 674-6045 (Food Program) www.glide.org | Free meals served daily Breakfast 8am-9am, Lunch Noon-1:30pm Dinner 4pm-5pm | | | | | Breakfast 8am-9am Bagged Lunch 12-1:30pm | | Also provide free "To Go" dinner bags on Sat. and Sun given out at 3:00. Many other programs and services. |
| CURRY SENIOR CENTER 333 Turk (btw. Hyde & Leavenworth) 885-2274 curryseniorecenter.org | Breakfast: 8-9am Lunch: 10:30am-12 | | | | | | | Also has primary medical care clinic. Counseling and case management. English classes. Substance abuse treatment and referrals. Must be 60+ for clinic services and meal service and 55+ for other services. |
| MARTIN DE PORRES 225 Potrero Ave. (near 16 th St.) 552-0240 martindepores.org | Breakfast 6:30-7:30am | Breakfast 6:30-7:30am Lunch: Noon-2 | Lunch Noon – 2pm | Breakfast 6:30-7:30am Lunch: Noon-2 | Breakfast 6:30-7:30am Lunch: Noon-2 | Lunch Noon-2pm | Brunch 9am-10:30am | Vegetarian food, also a Turkey Soup option on Thursdays. Sign up for showers at 9am on T and Th only. Medical services available Th 12:30-2pm with nurse practitioner through the SOS Van. Needle exchange on Th noon – 2pm |
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| WIC Program Women, Infants & Children (WIC) SF Dept. of Public Health 30 Van Ness #220, 575-5788 sfdph.org/wic | Administrative Office Open M-F 8am-5pm | | | | | Closed | | Nutrition Program with vouchers for pregnant women or women with children under 5 years old. Must be low-income and live in San Francisco. Seven clinic locations – call 575-5788 for information. |
| PROJECT OPEN HAND 730 Polk St., 1-800-551-6325 www.openhand.org | Closed | 9am-4pm Grocery Center | 11am-4pm Grocery Center | | | Closed | | Offers free groceries & prepared meals for people with symptomatic or disabling HIV/AIDS and a number of other diagnoses. CA ID, proof of residency, income required. |

Please call the Bay Area Women's and Children's Center at 415-474-2400 if you know of other services which should be added to the next edition or changes in listed services. Thank you!
See SF Free help Charts at www.freeprintshop.org for additional food, shelter and medical listings. Copyright 1989 by Anne Friedel – Used by permission.